

2026 Media Access Policy

Reasonable cooperation with the news media is essential to the continuing popularity of our game. The Media Access Policy is reviewed and updated annually and remains standard operating procedure:

- 1. POST-GAME ACCESS** – After a reasonable waiting period, defined as 10-15 minutes maximum after the completion of the game and the players have entered the locker room, the home and visiting locker room areas will be opened to accredited media for immediate access to all players for the sole purpose of conducting interviews.

To relieve congestion in the locker room, each club must bring the head coach, the quarterback, and at least one additional player who had an impactful role in the game to an interview area as soon as possible. This interview area should be within close proximity of the locker room. Each club is responsible for setting up interview areas in its home stadium for both the home and visiting team. The interview area must include a riser for the coach/players, microphones for the speakers and a camera platform in the back of the room. The home team must ensure that the visiting team interview area is of adequate size to conduct a professional news conference. Access to the area should be restricted to working media only.

In the locker room, providing for player privacy is of paramount importance. The home club must ensure that the shower area for both teams is screened from view. Each team must supply its players with wrap-around towels or robes in addition to the standard supply of bath towels for post-game showers. Clubs are urged to take other measures for player privacy, such as placing shorts in each locker or building individual locker curtains. Prior to the locker room opening to media, a member of the club communications staff will walk through the locker room, directly notifying players and coaches that the locker room is about to open to accredited media for player interviews. Clubs must submit to the league office as part of the *2026 Media Access Plan* the specific actions they are taking to ensure player privacy in the open locker room setting. The training room and treatment areas remain off limits to media.

Each club must limit access to the post-game locker room and interview areas to club officials and working media only. A club communications representative must ensure orderly postgame access for accredited media as well as ensure all accredited media are performing the job function for which access to the locker room has been granted. When only a few players remain in the locker room and the majority of media have concluded their interviews, a club communications representative should announce that the locker room is officially closed and that media access has concluded. At least one member of the club communications staff must be in the locker room until all media have departed.

Clubs must ensure that name plates with players' names and numbers are left in position until after the locker room has cleared of media.

With the exception of league and club broadcast partners, there will be no access for media to the field prior to the conclusion of the game for the purpose of post-game on-field player interviews before the opening of the locker room to accredited media.

- 2. WEEKLY REGULAR-SEASON MEDIA ACCESS** – Beginning no later than the week prior to the opening of the regular season through the playoffs, each club will make players available during the normal practice week (based on a Sunday game) on Monday, Wednesday, Thursday and Friday to accredited media for player interviews. This includes mandatory open locker room sessions for a minimum of 45 minutes on Wednesday, Thursday, and Friday. On Monday, player availability may occur in an open locker room format, in an interview room or other location, or virtually, but players must be available.

The actual open locker room interviews may be conducted outside the locker room at the club's or player's request, but the media must be allowed to make the interview request in person to the player in the locker room. For the purposes of this policy, Tuesday is treated as the players' day off.

Again, providing for player privacy is of paramount importance. If the locker room is open to the media immediately following practice, the club must screen the shower area from view and distribute appropriate clothing, e.g. wrap-around towels or robes, for player privacy. Prior to the locker room opening to media, a member of the club communications staff will walk through the locker room, directly notifying players and coaches that the locker room is about to open to accredited media for player interviews. Clubs must submit to the league office as part of the *2026 Media Access Plan* their plan to ensure player privacy during the practice week open locker room sessions.

The minimum 45-minute daily interview time on three days of the practice week will be set at the club's discretion, but it should occur when players are available and free of other club commitments. It is the club's responsibility to deliver access to all players during this time period and each player's responsibility to cooperate.

It should be noted that several clubs afford media access both before and after practice on a daily basis. Clubs should consider if possible, based on the team's daily schedule, dividing the open locker room period into two – i.e. a pre-practice session for 30 minutes and a post-practice window of 15 minutes. From a club perspective, it would offer options on fulfilling multiple requests for the same player. For the media, they would have two windows in which to speak to players.

If a club has its only daily interview session prior to practice, the head coach should be available to answer post-practice questions, and the club should make its best effort to have players available for post-practice questions if requested.

A club communications staff member must be present in the locker room at all times during the open locker room period. When the open locker room period has ended, this staffer should announce that the locker room is officially closed and that media access has concluded.

If a team gives its players two days off after a game, meaning no team meetings or practice on Monday (in addition to the typical Tuesday off day), the team must arrange for key players to be available to local media on Monday. The purpose is to ensure

player availability between Sunday and Wednesday for media that are reporting on your team every day.

The following is a summary of access requirements for Head Coaches, Assistant Coaches (coordinators/assistant head coaches, primary position coaches) General Managers/Secondary Football Executives and Players:

Head Coaches – In addition to holding a news conference after every game, head coaches must be available consistently to the media that regularly cover the team. The head coach must be available to the local media at least three days during each practice week from training camp through the end of the season. The head coach must be available to local media the day after all games, either in person or remotely. For head coaches available to the media three days only, the availabilities may not be on three consecutive days (i.e., Monday, Tuesday, Wednesday and not again until post-game on Sunday) and the offensive, defensive, and special teams coordinators must be available to the media on a day the head coach is not speaking. At the club's option, the head coach may also be made available to the opposing team's media each week.

Assistant Coaches – Through their communications department, clubs must provide regular and reasonable access to assistant coaches – coordinators/assistant head coaches and all primary position coaches (for the purposes of this policy, passing/running game coordinators are to be treated as primary position coaches) – for media interviews that serve the best interests of the club and league. Clubs may not put assistant coaches off limits to the media and may not unreasonably withhold permission for coordinators or primary position coaches to speak to the media.

Coordinators – Offensive, defensive, and special teams coordinators must be available to media that regularly cover the club at least once between Monday and Friday during every practice week of the regular and postseason for a minimum of 10-15 minutes, beginning with the week leading to Week 1 of the regular season. The scheduled availability of the offensive, defensive, and special teams coordinator must be communicated to media in advance each week. Media do not need to request weekly access to the coordinators. Availability must occur weekly between Monday and Friday.

If a club does not have a named offensive, defensive, or special teams coordinator, or whose head coach serves in that capacity, another position coach from the offensive or defensive staff (as applicable to the individual team situation) must fulfill this weekly obligation.

For clubs whose head coach is available to the media three times during the practice week, the coordinators must be available on a day the head coach is not speaking.

Assistant Head Coaches & Primary Position Coaches – Permission to interview assistant coaches about reasonable football issues throughout the year should not be denied.

Regular and reasonable access to assistant coaches – coordinators/assistant head coaches and all primary position coaches, including passing/running game coordinators – will include at least two mandatory media availabilities during the club's offseason program (separated by at least 10 days) and bi-weekly media availabilities beginning in August through the conclusion of the club's playing season (including the postseason, if applicable) for media that regularly cover the team (offensive, defensive and special teams coordinators will continue with their weekly in-season media availabilities as described above). The structure of these sessions is a club decision (i.e., availability on a single day or multiple days, news conference format in-person or remote, etc.) but all assistant coaches must be available during each of these time periods.

Please note that while all assistant coaches must be available at least twice during the offseason program (availabilities separated by at least 10 days) and bi-weekly (every other week) beginning in August, it is not permissible to deny all other requests because of these mandatory availabilities.

Media access to assistant coaches on game day is a club decision, and any game day access to assistant coaches would be in addition to the mandatory access rules described above.

General Managers/Secondary Football Executives – Through the club communications department and in response to the intense public interest in roster construction and development, club general managers and secondary football executives must each be available to the media at least twice on a yearly basis – once from the Scouting Combine through the week following the NFL Draft and a second time either during training camp or following the final roster reductions to 53 players. As per the Anti-Tampering Policy, a secondary football executive refers to an individual who has the title of assistant general manager and/or is next in line to the primary football executive, supervising the Player Personnel department, including college and pro scouting departments.

Players – Players must be available to the media following every game and regularly in person during the practice week as required under league rules and their contracts and as noted above. It is not permissible for any player or any group of players to boycott the media. Players with unusually heavy media demands must be available to the media that regularly cover their teams at least once during the practice week in addition to their required post-game media availability. This applies to a maximum of one or two players per team only. The minimum for such players does not include other required media obligations such as network production meetings and national media interviews arranged by the team.

- 3. PRACTICE ACCESS AND INFORMATION** – Beginning Monday, September 7 and throughout the regular season and playoffs, daily practice (Monday through Friday) must be open to local media (those who regularly cover the team) for at least the first 30 minutes or until the start of "team" work. It is permissible to limit the videotaping or photographing of certain portions of practice. Starting the week prior to the opening of the regular season, clubs are required to designate on the NFL's online Injury Reporting

Platform and issue to local media the names of those players who missed any portion of 11-on-11 team or individual work on the specified days noted in the NFL Injury Report Policy.

Setting reasonable ground rules for coverage of practice – subject to the general access rules specified – is the responsibility of the clubs. For practice sessions during training camp and minicamp that are open to the public, there should be a balance that addresses publicity for our teams, the role of media in serving our fans, and the goals and procedures set by individual teams. As such, we require that at least for practice sessions that are open to the public – and subject to guidelines set by clubs on the reporting of strategy – clubs must allow reporting (tweeting, blogging, etc.) of newsworthy events, such as VIP visitors to practice, exceptional catches, standout rookie performers, etc.

4. **FIELD ACCESS** – The NFL Gameday Field Access Policy specifies that local media and broadcast television affiliates will not exceed 30 people with field access, of which 12 must be offered to the visiting team. NFL Broadcast Policy dictates that each club may accredit between one and five local broadcast television video cameras on the sidelines to serve as the pool feed. These individuals must be accounted for in the club's local media and broadcast television affiliates allotment. Club in-house media as well as league media/partners are categorized separately for the purposes of in-game field access. Access to the field-area pregame is a club decision, subject to all relevant league and broadcast policies, as is postgame field access once players and coaches have departed the field.
5. **ON-FIELD MEDIA COORDINATOR** – Each team is obligated to provide for each game (home and away) an on-field media coordinator whose duties include helping the televising network and other media in and around the field. The media coordinator should be located near the bench area during games with direct communication to the team's Communications Director in the press box.
6. **RESPONSIBILITY OF CLUB OFFICIALS** – Each club will assign the responsibility of administering the post-game and practice week media access policies to two appropriate members of its communications staff. One – or both – of these designated officials must be present during media availabilities following each game and during the practice week.
7. **EQUAL ACCESS** – Under the equal-access principle of this policy, all accredited media must be given access to the designated player and coach interview times during the practice week, following games, and during training camp and minicamp. When a club allows media to attend daily practice, all members of the media who regularly cover the team must be admitted. Barring individual members of the regularly accredited media from any of the above sessions for what is perceived as "unfair coverage", or any similar reason is not permitted.
8. **MEDIA ACCESS PLAN** — Each club must provide by Thursday, August 6, details on the club's media access plan. Once the information has been received, it will be reviewed by the league office. To ensure clear understanding of these policies at

multiple levels of an organization and responsibility for adherence to them, clubs must acknowledge that the club president or general manager, head coach and communications director have a clear understanding of the media-related requirements of NFL policy.

- 9. OFFSEASON PROGRAM (OTAs)** – To enhance publicity during the offseason, clubs must open to the local media at least one of every three Organized Team Activity (OTA) days. In addition, it is recommended that clubs open to the media the first OTA session of the year. The purpose of opening at least one of every three OTA days (not one-third of the total number of OTAs but one of every three) is for media to have at least one mandatory access day in each of the four weeks of Phase Three of a club's offseason workouts as described in Article 21 of the CBA. This means that on these designated days teams must 1) make the head coach and players available to the media for interviews, and 2) open the OTA on-field session to the media in its entirety. It is permissible to limit the videotaping or photographing of certain portions of these sessions. These mandatory offseason media sessions are in addition to the veteran minicamps that must be open to the media in their entirety. Any media access to Phase One or Phase Two of offseason workouts is a club decision.
- 10. MANDATORY ROOKIE MINICAMP ACCESS** – During a club's post-NFL Draft rookie minicamp, held on one of the two weekends following the Draft, local media must be provided at least one day of access. This means that on that designated day teams must 1) make rookies available to the media for interviews, and 2) open at least a portion of the on-field session to the media. If at the club's option media have access to the entirety of the rookie minicamp on-field session, it is then permissible to limit the videotaping or photographing of certain portions of rookie minicamp practice.
- 11. MANDATORY VETERAN MINICAMP ACCESS** – During a club's mandatory veteran minicamp, all daily practices must be open in their entirety to local media. It is permissible to limit the videotaping or photographing of certain portions of minicamp practices. In addition, players and the head coach must be available to the media for interviews each day during minicamp. Media access to voluntary minicamps is a club decision.
- 12. TRAINING CAMP ACCESS** – Beginning the first day of preseason training camp through Thursday, August 27, all daily practices must be open in their entirety to local media. It is permissible to limit the videotaping or photographing of certain portions of training camp practices.

Players and the head coach must be available to the media for interviews on a regular basis during the entire preseason period. As in the regular season, one or two players with heavy media demands may be made available to local media once per practice week throughout training camp and the preseason (not including preseason game days). Clubs should make players available to media on the day the team reports to training camp, generally the day before the first practice session.

Assistant coaches – defined as coordinators/assistant head coaches and all primary position coaches – must be available at least twice per month (every other week)

beginning in August and extending through the conclusion of the club's playing season (including the postseason, if applicable) to media that regularly cover the team. Please note, in addition to at least two media availabilities in August, offensive, defensive, and special teams coordinators must be available to media that regularly cover the club at least once between Monday and Friday during every practice week of the regular and postseason. Passing/running game coordinators are to be treated as primary position coaches. Permission to interview assistant coaches at other times about reasonable football issues should not be denied.

If a club elects to conduct joint workouts with another club, those practice sessions must be open in their entirety to local media. It is permissible to limit the videotaping or photographing of certain portions of joint training camp practices.

- 13. PRE-DRAFT NEWS CONFERENCE** – Every team is required to hold a pre-draft news conference with at least one of the following individuals: its head coach, general manager, or player personnel director within two weeks of the draft. The purpose is to respond to fan interest in the draft and offseason squad development and promote a key league and club event.
- 14. POST-SEASON REQUIREMENTS** – The minimum standards for media access during the regular-season practice week will apply during the playoffs. Due to increased interest, however, it is recommended that clubs supplement their standard media availabilities.

Clubs that schedule off days for players during a playoff bye week shall make key players available to the media that week to serve the extensive public interest in the NFL playoffs.

Clubs are required to comply with the league office news conference schedule for playoff games. This obligation includes the responsibility to have available the head coach, starting quarterback and other key players as requested by the league office based on media and fan interest.

For the Conference Championship Games, the four participating teams are required to adhere to media requirements established by the league office for Wednesday through Sunday of Championship Game week. This will include media availabilities at least on Wednesday, Thursday, and Friday. The head coach must be available on each of those days. The starting quarterback must be available on Wednesday and also available on either Thursday or Friday at a minimum.

For Super Bowl week, overall media arrangements differ in several respects from other playoff games. Those requirements will be communicated to the participating teams in advance.

- 15. SEASON-ENDING NEWS CONFERENCE/PLAYER AVAILABILITY** – Every team is required to 1) open the locker room for interviews the day after the season ends and 2) hold a news conference during the week following the end of its season with at least one of the following individuals: its head coach, chief executive, club president, or

general manager. The purpose is to serve fan interest in the conclusion of the team's season.

- 16. MEDICAL INFORMATION** – Clubs must ensure that all medical information issued to the media is credible, responsible, and specific in terms that are meaningful to teams, media, and fans. This includes the information in the weekly injury reports and information on injuries announced to the media during games.

As endorsed by the NFL Competition Committee, in-game injury announcements to the media must be specific to a body part, accurate, and updated as warranted, including any changes in the player's status for the rest of the game if it changes from the initial report. Clubs are required to enter in-game injury information through the online Injury Reporting Platform, which is mobile accessible. In situations where players have been involved in major collisions in which a concussion is possible, there will be an announcement in the press box that the player is being evaluated for an injury and an update will be provided as soon as possible.

A player diagnosed with a concussion in a game will not be made available to the media after the game. The concussion-related medical exemption from mandatory media obligations extends until the player has been cleared by the Independent Neurological Consultant (INC) under the NFL Concussion Protocol.

Though the injury reporting policy does not begin until the week prior to the start of the regular-season, clubs are expected to update media on significant injuries that occur during the offseason program, training camp and preseason games.

As a reminder, please note that because the injury reporting policy affects the integrity of the game, compliance is governed by the annual certifications required under the Integrity of the Game initiative. These certifications are required from chief executives, club presidents, general managers, and head coaches. Club management, in consultation with its medical staff, is responsible for the accuracy and appropriateness of medical information distributed in response to public interest. Super Bowl teams are required to submit injury report information during the bye week between the Championship Games and Super Bowl.

- 17. DEPTH CHARTS** – Every team must produce a credible weekly depth chart for the media beginning no later than the week of its first preseason game and updated weekly through the end of its season. The depth chart must include the 11 offensive positions and the 11 defensive positions a team considers to be in its base units, and it must list expected starters and backups at each of those positions. Listing players at each position on the depth chart in alphabetical order is prohibited.

Clubs should include members of the practice squad on the alphabetical and numerical rosters that are included on the game day flipcards.

- 18. AVAILABILITIES WITH OPPOSING TEAM MEDIA** — At the club's option, the head coach and a key player may be available to the opposing team's local media each week. While communications directors may take requests from the opposing team's local

media to make the head coach and/or a player available to them, the decision on conducting such availability is at the discretion of the club. Each club will make arrangements for other appropriate media interviews with its players and coaches upon reasonable request throughout the season.

- 19. TEAM MEETING ON MEDIA & PUBLIC/COMMUNITY RELATIONS** — Each club is required to hold a team meeting during training camp on media and public/community relations. The club president or general manager, coaches and communications staff must attend. The required playbook section on player media responsibilities, the importance of good media and community relations, plus league and club policies – specifically those related to open locker room sessions during the practice week and on gameday – should be discussed. Instructional materials provided by the league, including the “NFL Players and the Media” video, must be made available to players.
- 20. MEDIA TRAINING** – Each club is required to conduct a media training session each year prior to the start of the regular season for all players and coaches. This can be done in one session or in separate sessions at the club’s option. In addition, the club communications staff must arrange for a separate media training meeting for rookies each year prior to the season. The league office will assist clubs in identifying professional media trainers that can conduct the sessions or advise clubs that prefer to have their own staff handle the sessions. These mandatory training sessions will be held in addition to the annual team training camp meeting at which the club communications director reviews league and club policies on media relations, described above.
- 21. CLUB MEDIA & PUBLIC/COMMUNITY RELATIONS BROCHURE** — Each club will produce for its coaches and players an annual brochure listing individual local media (with photos) and reviewing club policies on media and public/community relations.
- 22. PRESS WILL CALL/PARKING** — Each club will have a separate Press Will Call window or booth, preferably at or near the Press Entrance of your stadium. Clubs are encouraged to have credentials available at Press Will Call four hours prior to kickoff for preseason, regular-season and post-season games. Clubs will make their best effort to provide appropriate game-day parking accommodations to working members of the media, as well as including relevant maps and parking-related information on the back of parking passes. Clubs should assist media, upon request, in facilitating a security escort to their car following the game as well provide detailed instructions on where to meet rideshare services.
- 23. PRESS BOX SEATING** — Clubs will determine the number of individuals that have access to the press box. Each club will exert its best effort to limit the number of club personnel in the press box during games.
- 24. VIOLATIONS** – Violations of the above procedures will be considered conduct detrimental to the league and will be subject to league accountability measures.